

# childcare

## advice guide



**Mark Jenkinson MP**

**A FREE information  
booklet from your local  
Member of Parliament**



**Dear resident,**

I know that childcare is one of the biggest costs facing hardworking families in our area.

That's why I've created this guide to outline the support you and your family can access right here in our local area.

There is now even more support for you and your family. This includes:

- Free childcare and education for 2 year olds for qualifying families
- 30 hours free childcare for 3- to 4-year-olds
- Up to £2,000 tax-free childcare

As your MP I want you to be informed on the help that is out there, and whether it is right for your family.

To learn more about childcare support available, please visit [office@mark-jenkinson.co.uk](mailto:office@mark-jenkinson.co.uk) or call 01900 876189.

Alternatively, you can contact me directly using the details at the end of this guide. So our children and grandchildren can get the best start in life.

Yours sincerely,

A handwritten signature in blue ink that reads "Mark".

**Mark Jenkinson MP**

Member of Parliament for Workington  
Parliamentary candidate for Penrith and Solway

# Are you eligible for free childcare?

## 15 hours free childcare

Every household deserves support, that's why all 3- and 4-year-olds can access 15 hours of free childcare every week no matter the income or working status of their parents.

## 30 hours free childcare

If that isn't enough, depending on your income you may be eligible for 30 hours of free childcare.

It's available at participating:

- Full day care (e.g nurseries)
- Schools
- Childminders
- Sessional providers (e.g. playgroups)
- Sure Start Children's Centres
- After school clubs

You can find more information at [childcarechoices.gov.uk](https://www.childcarechoices.gov.uk).

# Tax-free Childcare

The cost-of-living crisis is affecting everyone. That's why there's now support for families who aren't currently receiving Tax Credits, Universal Credit childcare vouchers.

Working families, including the self-employed, may be eligible for up to £2000 tax-free childcare.

Children aged 0-11 (or 16 if disabled) are covered under the scheme.



## Support for the most vulnerable

You and your family could be able to claim back up to 85% of your childcare costs if you're eligible for Universal Credit.

Claim up to £950.92 for 1 child or £1630.15 for 2 or more children.

If you are unsure whether you are eligible for this scheme, call the Universal Credit helpline on **0800 328 5644**.

We know that not everyone can pay for childcare upfront. If support offered through the Universal Credit system isn't right for your family, then the Flexible Support Fund might be.

The Flexible Support Fund breaks down barriers to work, such as travel and childcare costs.

Money awarded does not have to be paid back and comes on top of other benefits. The fund is managed by your work coach, contact your local job centre to find out more.

### Mark Jenkinson

Member of Parliament for Workington  
Parliamentary candidate for Penrith and Solway

01900 876 189 | [office@mark-jenkinson.co.uk](mailto:office@mark-jenkinson.co.uk)  
[mark-jenkinson.co.uk](http://mark-jenkinson.co.uk) | [fb.com/markianjenkinson](https://fb.com/markianjenkinson)

[workingfamilies.org.uk](http://workingfamilies.org.uk)

+44 (0) 0300 012 0312